

The background is a gradient of dark blue and purple, speckled with small white dots. On the left side, there are several concentric circles and a large circular scale with degree markings from 140 to 260. Some circles have arrows indicating a clockwise direction. The text 'BIBLICAL MEDICINE' is positioned on the right side of the image.

BIBLICAL MEDICINE

CIRCUMCISION

- Genesis 17:10-12 (NLT)
- *¹⁰ This is the covenant that you and your descendants must keep: Each male among you must be circumcised. ¹¹ You must cut off the flesh of your foreskin as a sign of the covenant between me and you. ¹² From generation to generation, every male child must be circumcised on the eighth day after his birth. This applies not only to members of your family but also to the servants born in your household and the foreign-born servants whom you have purchased.*

CIRCUMCISION

- What is circumcision?
 - Circumcision is a surgical procedure to remove the foreskin, the tissue covering the head of the penis. It is commonly performed on newborns for cultural or religious reasons, or later in life to treat medical conditions like phimosis (tight foreskin). The procedure takes about 10 to 14 days to fully heal.
 - It can lower the risk of urinary tract infections (UTIs) in infancy, reduce the transmission of certain sexually transmitted infections (STIs) including HIV, and prevent penile cancer

CIRCUMCISION

- What did it represent?
- Genesis 17: 7-9 NLT: ⁷ “I will confirm my covenant with you and your descendants^[a] after you, from generation to generation. This is the everlasting covenant: I will always be your God and the God of your descendants after you. ⁸ And I will give the entire land of Canaan, where you now live as a foreigner, to you and your descendants. It will be their possession forever, and I will be their God.”
- **The Mark of the Covenant**
- ⁹ Then God said to Abraham, “Your responsibility is to obey the terms of the covenant. You and all your descendants have this continual responsibility.

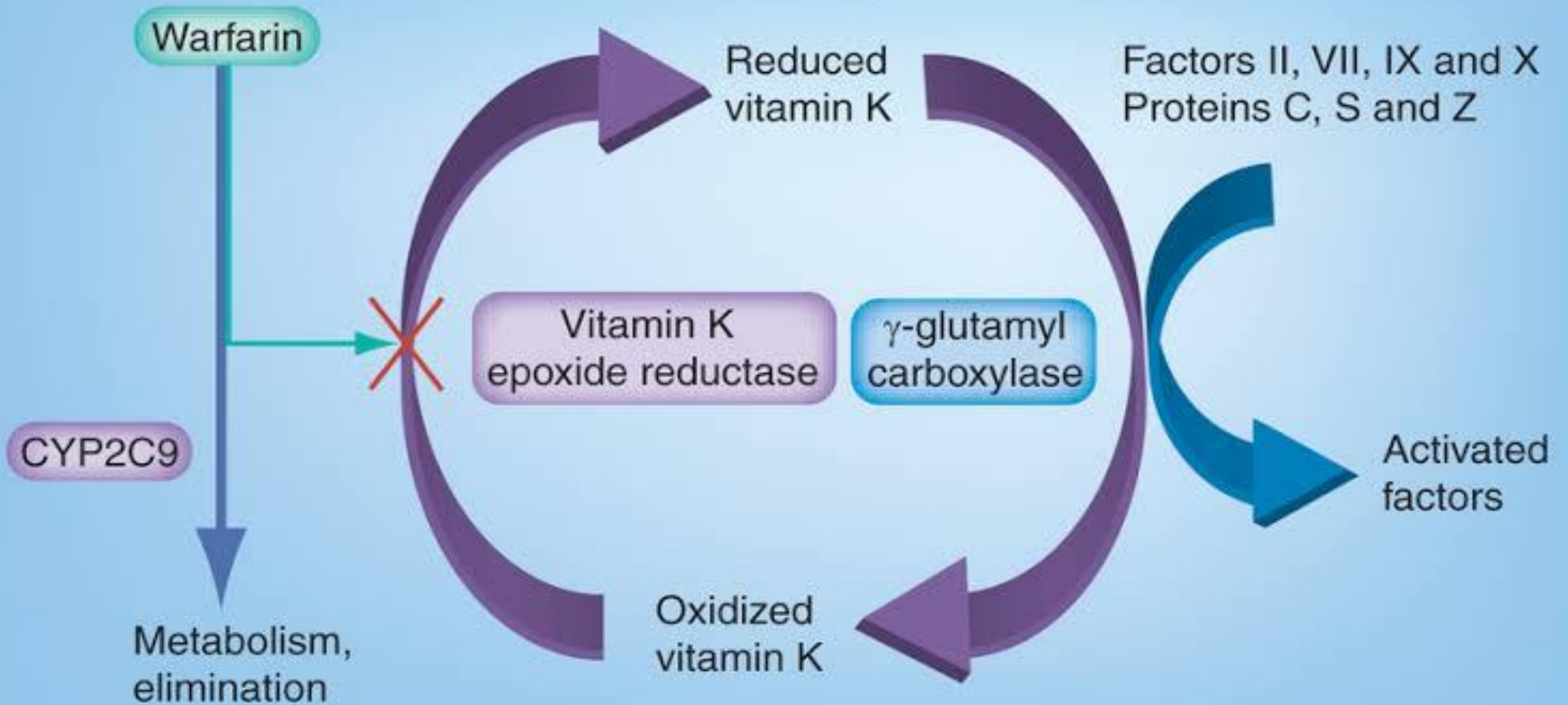
CIRCUMCISION

- Why did God command it?
 - Well, every time a man would urinate, he would be reminded of this sacred covenant

CIRCUMCISION

- Why circumcise on the 8th day?
- Hemorrhage is the most common complication of circumcision. Vit K (Vitamin K is an essential cofactor in the liver required to activate specific clotting factors in the coagulation cascade. It enables the gamma-carboxylation of inactive clotting factors into their functional forms, which then bind to calcium to form stable blood clots) and Thrombin (also crucial for clotting) are at their highest levels on the 8th day of life for a full-term baby, therefore there is a significant decrease in bleeding risk.

Vitamin K cycle



SPIT/SALIVA

- Spit or Saliva have 2 very different distinctions in scripture:
 - Deep contempt and disgrace
 - Healing
 - Jesus used his spit/saliva to heal the deaf man with a speech impediment in Sidon (Mark 7:31-35) and the man born blind (John 9:1-7)

SPIT/SALIVA

Mark 7:31-35 NLT

Jesus Heals a Deaf Man

³¹ Jesus left Tyre and went up to Sidon before going back to the Sea of Galilee and the region of the Ten Towns.^[a] ³² A deaf man with a speech impediment was brought to him, and the people begged Jesus to lay his hands on the man to heal him.

³³ Jesus led him away from the crowd so they could be alone. He put his fingers into the man's ears. Then, spitting on his own fingers, he touched the man's tongue. ³⁴ Looking up to heaven, he sighed and said, "*Ephphatha*," which means, "Be opened!" ³⁵ Instantly the man could hear perfectly, and his tongue was freed so he could speak plainly!

SPIT/SALIVA

John 9:1-7 NLT

Jesus Heals a Man Born Blind

9 As Jesus was walking along, he saw a man who had been blind from birth. **2** “Rabbi,” his disciples asked him, “why was this man born blind? Was it because of his own sins or his parents’ sins?”

3 “It was not because of his sins or his parents’ sins,” Jesus answered. “This happened so the power of God could be seen in him. **4** We must quickly carry out the tasks assigned us by the one who sent us.^[a] The night is coming, and then no one can work. **5** But while I am here in the world, I am the light of the world.”

6 Then he spit on the ground, made mud with the saliva, and spread the mud over the blind man’s eyes. **7** He told him, “Go wash yourself in the pool of Siloam” (Siloam means “sent”). So the man went and washed and came back seeing!

SPIT/SALIVA

What does Spit/Saliva do?

Saliva accelerates wound healing thanks to active proteins like **histatins** and **epidermal growth factor (EGF)**, which speed up cell migration to close wounds. It also contains **tissue factor** to aid blood clotting and antimicrobial agents like **lysozyme** to prevent infection.

POULTICE OF FIGS

2 Kings 20:1-7 (NLT) also recorded in Isaiah 38:1-21

Hezekiah's Sickness and Recovery **20** *About that time Hezekiah became deathly ill, and the prophet Isaiah son of Amoz went to visit him. He gave the king this message: "This is what the LORD says: Set your affairs in order, for you are going to die. You will not recover from this illness."*

² When Hezekiah heard this, he turned his face to the wall and prayed to the LORD, ³ "Remember, O LORD, how I have always been faithful to you and have served you single-mindedly, always doing what pleases you." Then he broke down and wept bitterly.

⁴ But before Isaiah had left the middle courtyard,^[a] this message came to him from the LORD: ⁵ "Go back to Hezekiah, the leader of my people. Tell him, 'This is what the LORD, the God of your ancestor David, says: I have heard your prayer and seen your tears. I will heal you, and three days from now you will get out of bed and go to the Temple of the LORD. ⁶ I will add fifteen years to your life, and I will rescue you and this city from the king of Assyria. I will defend this city for my own honor and for the sake of my servant David.'"

⁷ Then Isaiah said, "Make an ointment from figs." So, Hezekiah's servants spread the ointment over the boil, and Hezekiah recovered!

POULTICE OF FIGS

- Ficus carica latex (fig tree sap) contains ficin, a proteolytic enzyme that debrides necrotic tissue. Controlled trials (Int. J. Dermatology 2009; Phytotherapy Research 2021) report rapid resolution of cutaneous ulcers and viral warts using fig extracts. Antibacterial activity against Staphylococcus aureus and Bacillus anthracis has been documented in Journal of Ethnopharmacology 2017. Scientific confirmation of fig efficacy vindicates the historic note without reducing the event to mere pharmacology, for the cure occurred precisely when, and because, God said it would.

POULTICE OF FIGS

How to Make a Fig Poultice

- 1. Prepare the fig:** Boil a fresh or dried fig in water for up to 5 minutes to soften it.
- 2. Mash:** Slice the fig in half or mash it into a thick paste.
- 3. Wrap:** Place the warm mixture into a clean piece of cheesecloth or a thin, breathable cloth.
- 4. Apply:** Hold the warm poultice against the boil or inflamed area.
- 5. Repeat:** Leave the poultice on for 4 to 6 hours before replacing it with a fresh one

TOUCHING DEAD BODIES

Numbers 19:11-16 NLT

¹¹ “All those who touch a dead human body will be ceremonially unclean for seven days. ¹² They must purify themselves on the third and seventh days with the water of purification; then they will be purified. But if they do not do this on the third and seventh days, they will continue to be unclean even after the seventh day. ¹³ All those who touch a dead body and do not purify themselves in the proper way defile the LORD’s Tabernacle, and they will be cut off from the community of Israel. Since the water of purification was not sprinkled on them, their defilement continues.

¹⁴ “This is the ritual law that applies when someone dies inside a tent: All those who enter that tent and those who were inside when the death occurred will be ceremonially unclean for seven days. ¹⁵ Any open container in the tent that was not covered with a lid is also defiled. ¹⁶ And if someone in an open field touches the corpse of someone who was killed with a sword or who died a natural death, or if someone touches a human bone or a grave, that person will be defiled for seven days.

TOUCHING DEAD BODIES

Dead bodies can transmit TB, Clostridium perfringes (causes food poisoning symptoms), blood- borne viruses (HIV, HBV, HCV), Salmonella, Shigella, E. coli, Ebola, Creutzfeldt-Jakob Disease (CJD)

TOUCHING DEAD BODIES

- “unclean” does not mean “sin”
- Dr. S. I. McMillen (medical missionary and author of None of These Diseases) noted that the Mosaic 7-day waiting period coincides with the die-off curve of common necrotic bacteria. This safeguarded Israeli health 1,000’s of years before the germ theory, by Divine legislation.

SKIN DISEASES

- Leviticus 13/14
 - The various skin conditions noted in these chapters are generally understood to be Leprosy.
 - 1st rule of Epidemics: Protect the Uninfected

SKIN DISEASES

- Leviticus 14 describes the purification of those with skin diseases
 - Cedar/Juniper properties – Topical application
 - Anti-Inflammatory
 - Anti-Oxidant
 - Anti-bacterial
 - Anti-fungal
 - Decongestant

SKIN DISEASES

- Hyssop properties – Topical application
 - Antiviral
 - Antioxidant
 - Useful for URI's, Bronchitis
 - Potential for Neuro toxicity, contraindicated in pregnancy, or someone with a known seizure disorder

BIBLICAL MEDICINE

Questions?